



**IS NOT ENOUGH
TO KEEP YOUR FAMILY STRONG**

At the Parent Café, you will:

-  **Make new friends**
-  **Share ideas**
-  **Learn about resources
in the community**
-  **Get new ideas**
-  **Learn ways to get
involved with
Strengthening Families**
-  **Make your voice heard**
-  **Share your hopes and
dreams for your family**
-  **Build a stronger
community**

**We all love our kids.
But it takes more than love
to keep our families strong.**

To learn more about keeping your family strong, visit
www.keepyourfamilystrong.org

strengthening families
ILLINOIS

COME TO THE

PARENT CAFÉ

At the Parent Café, we share information and ideas that help us take care of ourselves, raise strong children, and build strong relationships with our kids. The next Parent Café will take place:

DATE:

TIME:

LOCATION:

ADDRESS:

FOR MORE INFORMATION, CALL: