



**IS NOT ENOUGH  
TO KEEP YOUR FAMILY STRONG**

**At the Parent Café, you will:**

-  **Make new friends**
-  **Share ideas**
-  **Learn about resources  
in the community**
-  **Get new ideas**
-  **Learn ways to get  
involved with  
Strengthening Families**
-  **Make your voice heard**
-  **Share your hopes and  
dreams for your family**
-  **Build a stronger  
community**

**We all love our kids.  
But it takes more than love  
to keep our families strong.**

To learn more about keeping your family strong, visit  
[www.keepyourfamilystrong.org](http://www.keepyourfamilystrong.org)

*strengthening families*  
ILLINOIS

COME TO THE

# PARENT CAFÉ

At the Parent Café, we share information and ideas that help us take care of ourselves, raise strong children, and build strong relationships with our kids. The next Parent Café will take place:

DATE:

TIME:

LOCATION:

ADDRESS:

FOR MORE INFORMATION, CALL: