

# strengthening families

THROUGH EARLY CARE & EDUCATION

I L L I N O I S

## COMMUNICATING WITH FAMILIES

### TRAINING SESSION FOR EARLY CHILDHOOD AND CHILD WELFARE STAFF

#### *Half-day session*

Once we recognize that a family needs support, approaching the topic in a respectful way is essential to building a partnership with them. This interactive workshop helps participants understand their own communication style, covering active listening as well as filters and barriers to effective communication. Participants will explore valuable insights about communicating with parents, practice effective communication skills, and develop action plans for communicating effectively with the parents they work with.

#### PURPOSE

1. Learn about communicating with parents by understanding your own communication style.
2. Learn about the components of active listening and the filters and barriers of effective communication.
3. Gain insights about communicating effectively with parents.

#### TRAINING MODALITIES

- Large-group discussion
- Small-group discussion
- Listening inventory
- Listening activities
- Role play

For more information, please contact the Midwest Learning Center for Family Support using the information at right.

This and other sessions are provided by the Midwest Learning Center for Family Support, Family Focus, Inc., one of more than forty partners in Strengthening Families Illinois. For more information or to arrange training for your staff, please contact:

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